

Community Support Resources

If you or a loved one would like to connect with a licensed counselor/therapist to walk alongside you in the hard work of spiritual healing and additional growth, here are some connection points within Brookings and the surrounding area.

Please note the mental health services listed here are able to provide faith-based counseling from a Christian perspective (**upon client request, in most settings**) and/or are faith-affirming professionals whose approaches align with Christian values. For more info, contact communitylife@gracepointwesleyan.org.

Most agencies offer both in-person and virtual appointment options. You can contact the offices directly for fees/insurance questions. If cost is a barrier to receiving services, assistance may be available through the agency or through GracePoint. Please reach out with any questions!

Brookings Counseling/Mental Health Services	
<p>Sandra Diedrich, LPC-MH, QMHP www.helplinecenter.org 605-690-9062 sbyrdd@yahoo.com Available in person April through November. Christian counselor (private practice) providing biblically informed therapies.</p>	<p>Rising Hope Counseling Keely Delaney, LPC www.risinghope605.com 605-494-1500 Providing a range of licensed counseling services from a Christian perspective.</p>
<p>Alicia Sterud, LPC-MH www.helplinecenter.org 605-651-7416 Counseling/therapy including EMDR for adults/youth/couples/families ages 12+.</p>	<p>At Ease Counseling Megan Florestano, LPC www.ateasecounselingllc.com 605-697-3002 Trauma-informed care specializing in abuse/assault recovery and issues of faith, religion, and identity.</p>
<p>Brookings Behavioral Health Amy Ward, LPC-MH, QMHP brookingsivycenter.org 605-697-2850 Licensed counseling, low- or no-cost services, on-call/emergency/after-hours support.</p>	<p>Clear Reflections Counseling Heidi Evers, LPC-MH, QMHP www.clear-perspectives.com 605-690-4755 Licensed services for youth/adults & families for mental health, trauma, ADHD, life transitions, etc.</p>

<p>Brookings Counseling Solutions Melissa Klemm, LAC, LPC-MH, QMHP Erin Stearns, CSW-PIP, QMHP www.brookingscounselingsolutions.com 605-999-6162 Licensed counseling/therapy including addictions counseling & EMDR services.</p>	<p>New Perspective Counseling, LLC Brandi Brintnall, LPC-MH www.helplinecenter.org 605-864-6946 Licensed counseling services specializing with children.</p>
<p>Sioux Falls Counseling/Mental Health Services</p>	
<p>Moore Counseling Group Stephanie Moore, LPC-MH www.moorecounselinggroup.com Multiple staff services including youth/adults, groups, relationship counseling, trauma therapy, spiritual counseling, etc.</p>	<p>Bethesda Christian Counseling Dr. David Nehring (Sioux Falls) www.bethesdachristiancounseling.org 605-334-3739 Licensed psychologist specializing with male clients (agency setting includes on-staff psychiatric services).</p>
<p>Sioux Falls Psychological Services (owned/operated by Sioux Falls Seminary) www.sfpsychological.org 605-334-2696 Full range of counseling, mental health & psychiatric services provided by biblically trained professionals.</p>	<p>New Haven Ministries www.newhavensf.org 605-274-1556 Biblical counseling (not state licensed for clinical therapies) for individuals, families, and groups.</p>
<p>Known Counseling Services Maggie Blaylock, LPC Nate Blaylock, Life/Recovery Coach www.knowncounselingservices.com 605-368-1558 Counseling & coaching specializing in marital issues, pornography & sexual addictions.</p>	<p>Abide Counseling Services, LLC Anna Beard, LPC-MH, QMHP www.abidecounselingservice.com 605-988-8125 Christian counseling practice providing services for teens/adults/couples.</p>
<p>Wellspring Therapy Center Earl Witt, LMFT, QMHP wellspringtherapysf.com 605-335-1516 Licensed therapist providing relationship counseling for teenagers/adults.</p>	<p>Sioux Falls Marital Therapy Erick Reiss, LMFT www.erickreiss.com 605-212-9684 Licensed marriage & family therapist offering a range of services.</p>

<p>Stronghold Counseling www.strongholdcounseling.com 605-334-7713 Mental health, addiction, trauma, marriage & family, children & play therapy services from a grace-based counseling approach.</p>	<p>Sioux Empire Christian Counseling siouxempirechristiancounseling.com 605-271-0261 Licensed counselors offering individual, couples & family services.</p>
<p>LifeGate Christian Counseling & Coaching Larry Porter, PhD, LMFT www.lifegatechristiancounseling.com 605-929-1060 Licensed marriage & family therapist.</p>	<p>Breakthrough Christian Counseling www.breakthroughsfc.org 605-275-2280 Licensed therapists providing a clinical theology approach for youth & family services.</p>
<p>Watertown Counseling/Mental Health Services</p>	
<p>Bridgeway Counseling Center Dr. Robert Buri, PhD Matt Gauger www.bridgewaycounselingcenter.com 605-886-5262 Range of clinical services for all ages, including neuropsychology testing & assessment.</p>	<p>New Beginnings Counseling Amanda Schaeffer, LCSW, QMHP www.newbeginningswtn.com 605-868-8130 Adult/youth/child counseling services & EMDR therapy.</p>
<p>Cedar Lakes Therapy, LLC Karla Schupp, CSW-PIP, QMHP Pamela Topp, LPC, QMHP www.cedarlakestherapyimhs.com 605-753-9030 Individual/youth/family counseling & certified trauma therapies.</p>	
<p>Crisis Intervention/Community Support</p>	
<p>On-Call/Emergency/After-Hours Mental Health Crisis Support Brookings Behavioral Health 605-697-2850</p>	<p>Suicide Prevention: Helpline Center DIAL 988 (or 800-273-8255) Crisis hotline for intervention, assessment, and referral resources.</p>
<p>211 Community Resources Dial 2-1-1 or text zip code to 898211 or email help@helplinecenter.org Free, confidential information and support for financial, family, health, or disaster-related inquiries.</p>	<p>Brookings Domestic Abuse Shelter 605-692-7233 brookingsdomesticabusesheltersd.com Crisis intervention, trauma support & residence program for women & children.</p>

Recovery & Support	
<p>Lost & Found (Road to Recovery) GracePoint Church 1420 Orchard Dr, Brookings Wednesdays Sept-May (free meal before) communitylife@gracepointwesleyan.org Christ-centered community of support for men & women working through the teachings of Celebrate Recovery.</p>	<p>Face It Together 5020 S Tennis Ln #4, Sioux Falls In person or virtual appointments www.wefaceittogether.org One-on-one evidence-based recovery coaching for those impacted by addiction, including services & support for loved ones.</p>
<p>A.A. - Brookings Original Group Alano Club House 135 1st Ave S 7:30pm Daily 12:15pm Monday-Friday 8:30am Saturdays 9:30am Sundays Co-ed 12 Step program for those with a desire to quit drinking.</p>	<p>A.A. - Wednesday Women's Group The Newman Center (lower level) 1321 8th Street 7:30pm Wednesdays Women only 12 Step group for those with a desire to quit drinking.</p>
<p>Al-Anon - Brookings Family Group Alano Club House 135 1st Ave S 7:30pm Tuesdays/Thursdays Co-ed 12 Step program for family members of those struggling with alcohol/addiction.</p>	